

**CYPRUS**

**CASE STUDY N° 2**

**PAPER B**

**DOBELES MĀCIBU CENTRS  
DOBELE  
LATVIA**



**WHY NOT TRY? / IT WOULD BE A GOOD IDEA TO...**

- Any successful training gives people opportunity to increase their self-esteem, learn new things and socialize. Along with the increase of knowledge also motivation to learn rises, so it is very important to urge people to learn and help them start learning.
- The involvement of volunteers - consultants, with good computer skills, is essential. In order to involve the seniors – people of the target group in the training process they should be addressed and explained what benefits the training would bring them. As they spend their leisure time in coffee shops, the talk could be started right there while having a cup of tea. Clarification of their fields of interests and hobbies might give the volunteers idea on what information they could provide to the seniors by using PCs. They can demonstrate that the use of computers and the Internet can be very interesting and exciting, seniors can find out about the things they are interested in.
- The owners of the cafes should be encouraged to support this training by providing them with some benefits from municipality (e.g. free Internet access).

**NECESSARY CONDITIONS: MATERIAL / PLACE / TIME**

1. The municipality support in supplying computers for old people in the places where elderly people gather. Specially developed training material to be used on computers and is simple and easy to understand shall be used.
2. Identify the places where seniors stay more often. Cafes, libraries or other venues, which are as close to their place of residence as possible.
3. The preferred training time: working days- mornings or lunch time, because then people are still active and able to concentrate. The duration of the training - no more than two hours a day, because the people who are not trained to learn and concentrate cannot focus their attention for longer, and it can cause an aversion to training. Frequency of training - 2 times a week
4. After the training it would be good to establish a free internet access, as close to their place of residence as possible.

**POSSIBLE OBSTACLES**

- ✓ lack of interest from the owners of cafes;
- ✓ takes a long time to make people want to learn;
- ✓ no access to or expensive Internet;
- ✓ learners have bad memory;
- ✓ free transport must be provided to take learners to and back from the nearest place of training.

**ILLUSTRATION**

