



FUNDACJA POMOCY NIEWIDOMYM
ŁOMIANKI, POLAND



WHY NOT TRY? / IT WOULD BE A GOOD IDEA TO ...

We propose to organize some activities titled: „Happy women are active women!”

NECESSARY CONDITIONS: MATERIAL / PLACE / TIME

Project led by pupils and school teachers. Teachers delegate pupils to different types of activities with women, according to their qualifications.

Pupils and teachers: inform neighbours, aunts, mothers, grandmothers about the planned activities/ the invitations are placed in bus stops, in shops, shopping centres etc/ duration: one month. Present the schedule of activities. The listeners choose the ones, that they are most interested in, thanks to which they can develop themselves.

Different types of thematic meetings:

<p>Activities on the nature and Field trips with geography teacher, Historical trips with history teacher, Drama club with teacher, activities developing musical interests, with music teacher / two times a month/ 2 h</p>	<p>Using the social network with Informatics teacher - placing there photos from activities, descriptions, designing websites / two times a month/ 2 h</p>
<p>Manual activities with art and technology teachers – working on projects, promoting them during auctions, taking part in competitions, finding talents / two times a month/ 1,5 h</p>	<p>Organizing language classes with language teacher - depending on the needs/ two times a week / 2 h</p>
<p>Discussion club – watch psychological films, dramas on TV, DVD, and discussing them with teaching staff and psychologist/two times a month/ 2 h</p>	<p>Searching for job actively, writing CV, interpersonal trainings, presenting yourself – classes with professional advisor/every week/ 2 h</p>

POSSIBLE OBSTACLES

Women could be passive during the classes, they can have lack of self-confidence so they should be positively strengthened and motivated! Moreover: shyness, modesty, reluctance, withdrawn behaviour, relationship anxiety, intolerance (racism), sickness or disability

ILLUSTRATION

