

PORTUGAL

CASE STUDY N°7

PAPER B

**ASSOCIATION OF STUDENTS AND FORMER
STUDENTS OF THE PERMANENT UNIVERSITY
OF ALICANTE
ALICANTE
SPAIN**



WHY NOT TRY? / IT WOULD BE A GOOD IDEA TO ...-

We initially propose a course of "Trainers for trainers" carried out by those voluntary teachers or professionals of the centre (psychologists, educational psychologists, tutors, etc.) for training them in coaching strategies and management of complex groups. Practical examples/ case studies, in which intergenerational experiences are the key, would be used in order to get the student body of diverse ages and needs to participate.

Subsequently, the experimentation of intergenerational practices and games included in [LICO project](#) would be carried out:

Transformation formula; Anticipating the future; Circle of questions; Communication channels; Develop yourself; Fun things to do!; I have more resources than I believe; I, me and myself; Interpersonal relations; A model that will help increase your self-esteem; My dream journey; My personal life curve; My survival strategies; Positive quality list; Primer for personal development; Self-esteem tree and other practices and games.

In these practices and games guided by tutors/ volunteers, aged people would contribute in the learning and progression of the dynamics with their experience and knowledge of life and their memories.

The youngest ones would provide their freshness and knowledge of new technologies and vital experiences of their age.

It is a way of opening, getting to know and realize that there are more common and supporting points than differences.

For these practices to be taken into consideration, they should be offered with motivating strategies such as an increase in the final mark of the student body taking part in them or enabling practices in the labour market, firms or NGOs after their execution.

NECESSARY CONDITIONS: MATERIAL / PLACE / TIME

Volunteers who are experts: psychologists, educational psychologists, tutors that want to take part in these practices and dynamics, etc.

The classrooms of the school for imparting the guiding and development of the dynamics.

And at a methodological level, the whole tool and games perfectly developed by various educational institutions in the framework of a previous and public access at the [LICO project](#).

POSSIBLE OBSTACLES

Lack of volunteers (psychologists, educational psychologists, tutors) initially needed for guiding and developing the dynamics and intergenerational games proposed in [LICO project](#).

ILLUSTRATION

