



**CASA ALBERGO PER ANZIANI "VILLA FABIOLA"
MONTEROSSO CALABRO
ITALY**



OBJECTIVES OF THE TRAINING COURSE

Enable the learners to integrate themselves in the new social context and to make them feel part of a family. Provide the trainers with dynamic activities to assist the learners to prevent the effects of isolation and alienation.

LEARNER PROFILE

The learners are mostly seniors of about 80 years old coming from rural areas in the south of Italy. They have to leave their houses and their usual habits. Some of the seniors were independent in their daily routine and in their houses but now they have to get used to a very different lifestyle. Sometimes the integration in the new social context may be very difficult because the seniors have to adopt themselves to the new environment.

CONTEXT: SOCIAL / ECONOMIC / EMOTIONAL

The new social context welcomes them and tries to integrate them in all the activities but the lack of contact with the family members makes it difficult. The thought of being alone can be very depressing. The seniors' feelings and emotions have a very strong impact on integration.

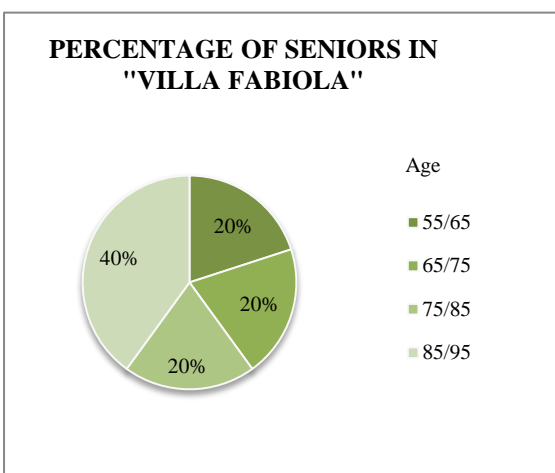
ENVIRONMENT: PLACE / TIME

To facilitate integration some activities take place in the structure. The seniors are involved in these activities during the afternoons for about one hour maximum because their concentration is limited due to their advanced age and their health problems.

OBSTACLES: DIFFICULTIES MET

The difficulties are various because the seniors have particular physical and mental needs. Not all the activities can be done with the seniors because they are not independent and need assistance in the different steps of the activities. Sometimes they are not willing to do the activities because depressed, without enthusiasm, sad and are not motivated to do them.

ILLUSTRATION



AGE OF SENIORS	TIME OF CONCENTRATION
55/65	1 HOUR
65/75	45 MIN.
75/85	30 MIN.
85/95	15 MIN.