



CLUB SENIOR NORDSTAD
ETTELBRUCK
LUXEMBURG



OBJECTIVES OF THE TRAINING COURSE

Encouragement of 9 local Associations who offer meeting places and activities for Senior's to cooperate with the Club Senior Nordstad.

- Promote the personal contact between the volunteer Staff from Local Associations and the professional Staff of Club Senior Nordstad
- Reducing prejudices between the Associations and promoting trust and knowledge of chances.
- The staff members of local Associations accept the Club Senior as an additional regional offer for all elderly people and not as a rivalry
- The staff of local associations could help as an intermediary, to motivate members to benefit from special activities (sports, attended holidays, etc.)
- Organizing of a common event with one or several local clubs

LEARNER PROFILE

The local senior associations are guided by a **volunteer managing board**. They are independent private associations.

They have got a lot of members. They are living in the village of their club and they are also often more than 60 years old. The volunteer staff takes care for the organization of the regularly meeting afternoon, 1-2 x week or all 2 weeks and they plan also daytrips and sometimes also holidays. Their engagement is free and so it depends on their time, their personal motivation or other conditions, especially health, etc. how active they can be. During the meeting afternoons the members play almost only one traditional Luxembourgish card game, normally always with the same playing partners. Generally the members are not very open for changing's.

CONTEXT: SOCIAL / ECONOMIC / EMOTIONAL

The first local associations for senior people in Luxembourg were founded 50 years ago by senior people and members of the municipalities. The first regional Club Senior's were founded 15 years ago, under the direction of the family ministry. Already from the start 15 years ago, there was mistrust between the local senior associations and the regional Club Senior's. In our now 13 years working time we already have done several efforts and we already could change the point of view of some persons, but generally the relationship between local clubs and the CS is distanced.. Why is it so important for the CS to get closer with this local clubs? The club knows the people and their needs in the villages. With a good cooperation we could reach also isolated people in the villages. The CS wants to be a certain contact for senior people in the villages and communities.

ENVIRONMENT: PLACE / TIME

The local senior associations have all their own rooms in their communities and normally a fixed meeting day per week.

OBSTACLES: DIFFICULTIES MET

- To get decisions. A managing board normally decide per meeting – vote. They are working very slowly.
- Volunteers are no Professionals. They don't think and don't react in a professional way. They often don't understand the big backgrounds. We have to deal with the Emotions and the one-sided thinking of these persons and to give them always a well feeling of importance and appreciation.

ILLUSTRATION

