

Towards a Dynamic Third Age

Þriðja æviskeiðið - nýtum og njótum

- Opening remarks
- Speech by Mayor of Reykjavik
- IAUTA and international cooperation for seniors' expectation
- Planning for the Third Age
- Training for staff development and promotion of Active Ageing
- Development and Future Directions of U3A in Poland

Coffee break 15:00 - 15:25

- Wisdom quantified; How to benefit from the accumulated wisdom of the generations
- NE_xT^3 , New Exchange of Time, Talent and Treasure
- The Elixir of Life
- Panel discussions
- Conclusions and final remarks



U3A
Reykjavík

