

Lifestyles Revisited - Educational Experiments in IG Environment

Documentation about the second project working periode
From june 2012 to july 2012

Lifestyle variable: clothes and fashion

Definition and Characteristics of the local IG Groups

We continued our project with nearly the same groups as in the first two periods of the project

6 Adults of the Club Senior Nordstad



7 students from Centre National de Formation Professionnelle Continue (CNFPC) Ettelbruck, here we had 3 new girls in the group



Local IG Groups

To continue with the same seniors as in the first two workshops brought a good stability in our working group.

The seniors were very motivated to cooperate with the young students. They had much understanding for the situation of the students and the concentration and experiences of the seniors had a good influence at the young people.

In the group of the students, we had during this workshop three new girls included. During the first meeting it was very difficult for those new girls to concentrate on the theme of the project and to integrate themselves in the working group. The 4 students who participated as of beginning of the project, had a really good contact to the senior group and their behaviour was respectful and interested.

The relationship between those two age groups became very close at the end.

Local IG Groups

Picture of the group



Objectives of the IG Workshops

Objectives in relation to the particular lifestyle clothes and fashion

- Knowledge about different colortypes
 - What colors fits me well ?
- Knowledge about styling-tricks
 - What kind of style fits my shape well ?
- Knowledge about dresscodes in particular situations
 - For example: Job Interview, official appointments, private dates, evening outfit
- Exchange about the importance of the way of clothing in our society
- Exchange about fashion likes and dislikes in the two age groups

Methodology and description of the workshops

Even during the partnership meeting in Turkey we planned the workshops for the new theme. We should do this really quickly because of the shortness of time. We had to organize the workshops before the start of the summer holidays in the middle of July.

We had the idea to invite an expert of styling and colour-consulting for two workshops.

Mrs. Elizabeth Demmer already offered this workshops for the senior club with much succès. She is also expert in different kind of behaviour rules, dresscodes, etc. We planned that she could offer two workshops:

1. Colour consulting in two different age groups
2. Exchange between the two generations
For example how do the senior people clothed in the past and today and how do the students clothes today, knowledge of dresscodes, aspects of buying something new in both generations,....

To engage Mrs. Demmer was helpful because we didn't need to prepare the content ourselves and we had a professional

Fixing the dates was really difficult but finally we found two days

We wanted to offer the students informations which are useful for their further lifes.

We wanted to offer the seniors something new, that brings joy in their lifes

Methodology and description of the workshops

Monday, 25th June 2012

1st Workshop

Colour Consulting

Place: school CNFPC Ettebruck

SENIORS: between 9:00 h and 12:00 h

STUDENTS: between: 13:00 h and 16:00 h

Methodology and description of the workshops



We engaged the expert

ELIZABETH DEMMER

- Color and Styling Consulting
- Image and Shopping Coach
- Make up and Jewelry Artist

Methodology and description of the workshops

We started in the morning with the senior group and in the afternoon with the students.

We had to split the group because each person got an individual consult and the students only could participate in the afternoon after schooltime.



Methodology and description of the workshops

Who knows the
different groups of colors ?



Methodology and description of the workshops

Spring



Methodology and description of the workshops

Summer



Methodology and description of the workshops

Autumn



Methodology and description of the workshops

Winter



Methodology and description of the workshops

Finding out the individual color type:



Methodology and description of the workshops

The matching colortype is depending on each persons skin



Methodology and description of the workshops

This type of color never changes during the lifetime



Methodology and description of the workshops



We are comparing the shadows in the face and
The color of the lips. What is looking better?
Which color reflects better in the face?



Methodology and description of the workshops

It is not depending on color of eyes or hair



Methodology and description of the workshops

Sometimes a person is really surprised



Methodology and description of the workshops

What we found out:



Spring type:

Nicole

Nathalie



Summer Type:

Victor, Anni Schank

Catharina



Autumn Type:

Laure , Marie-Therese, Barbara

Bernadette, Ana, Kelly



Winter-Type

Christianne

Annie Develter

Natascha

Tatjana

Methodology and description of the workshops

A favorably clothing style depends on a knowledge about the shape proportions

For example:

- the length of arms and legs
 - the length of the body
 - the shoulders
 - the neck
- the position of the hips (high or deep)
- the position of the waist (high or deep)

Methodology and description of the workshops

We compared in the group the different aspects:



Methodology and description of the workshops

We compared in the group the different aspects:



Methodology and description of the workshops

Accessories can be eye catcher and distract from little problems:



Methodology and description of the workshops

The expert gave special advices to the students for the Job Search:

We talked about shoes, that they have to be clean and well cared.

We demonstrated how to make a good make-up.

We talked about underwear and the importance not to see the underwear or too much skin at official appointments.

We talked about jewelry and accessories.



Methodology and description of the workshops

Advantage of the color and style knowledge:

- Shopping is easier
- You know what you want
- You don't need to buy much pieces
- You can combine different pieces
- You have always the right accessories: bags, shoes, belt, draperies, necklace,...
- You save money
- You look better in the right colors
- You present yourself in a better way: important for job search and official appointments

July 2nd 2012

2nd Workshop

Exchange about fashion between Students and Seniors

Time: 13:30 hrs-16:30 h after schooltime

Place: school CNFPC

Methodology and description of the workshops

In this workshop we wanted to initiate a discussion about fashion in our mixed age group



We started with a little game to activate the group

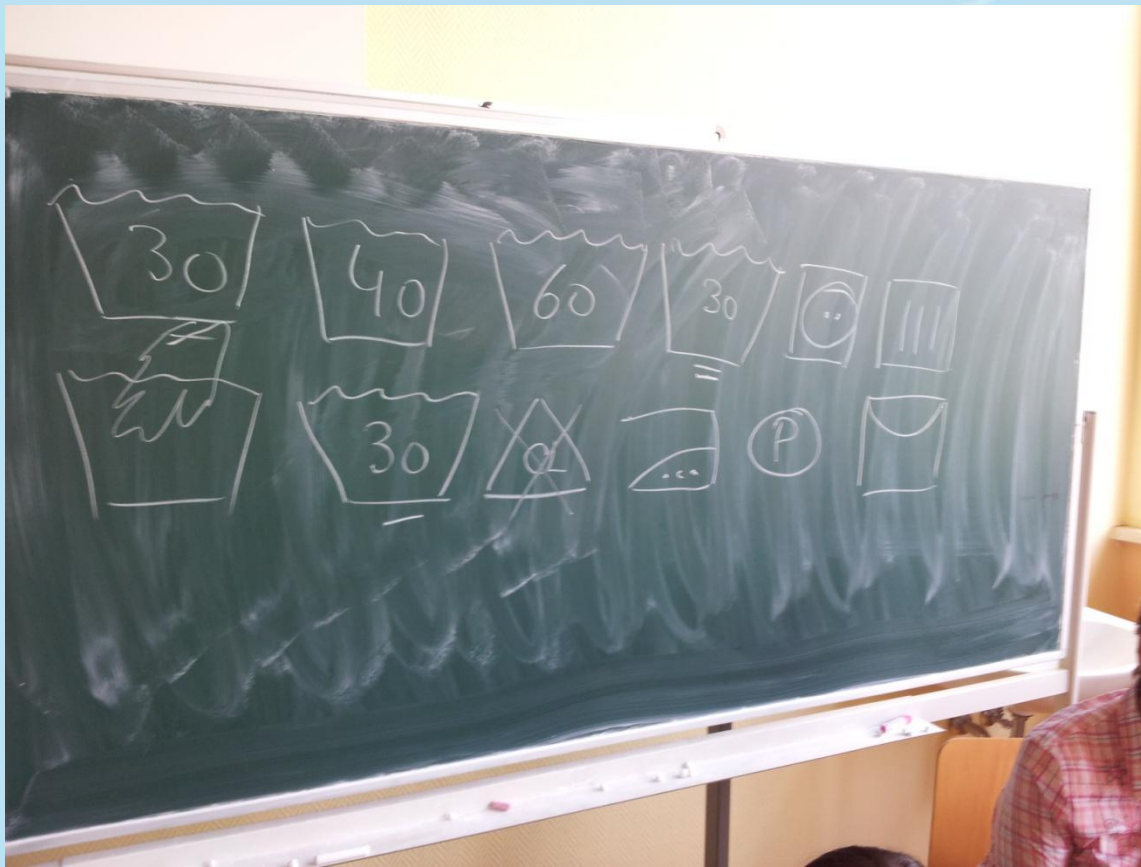
Methodology and description of the workshops

One of the girls had a fantastic voice and sang a song for us



Methodology and description of the workshops

We started the discussion with the question:
„What is important for you, when you buy something new ?“



For the most in our group it was important, to be able to wash the clothes.

Methodology and description of the workshops

Christianne could explain the care symbols:



Methodology and description of the workshops

Then we continued with the question:

What style of fashion do you like ?

Every person made a collage of favorite stylings



Methodology and description of the workshops



Methodology and description of the workshops



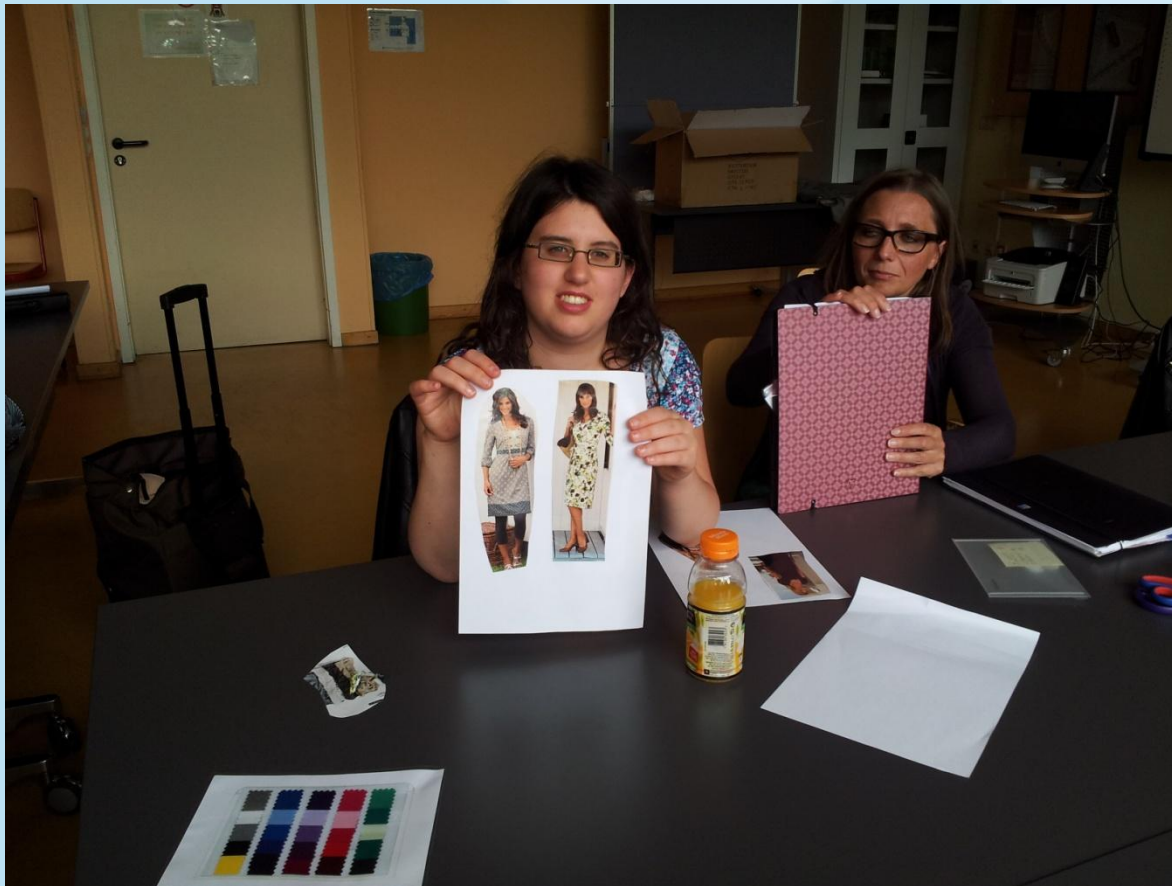
Methodology and description of the workshops



Methodology and description of the workshops



Methodology and description of the workshops



Methodology and description of the workshops



Methodology and description of the workshops

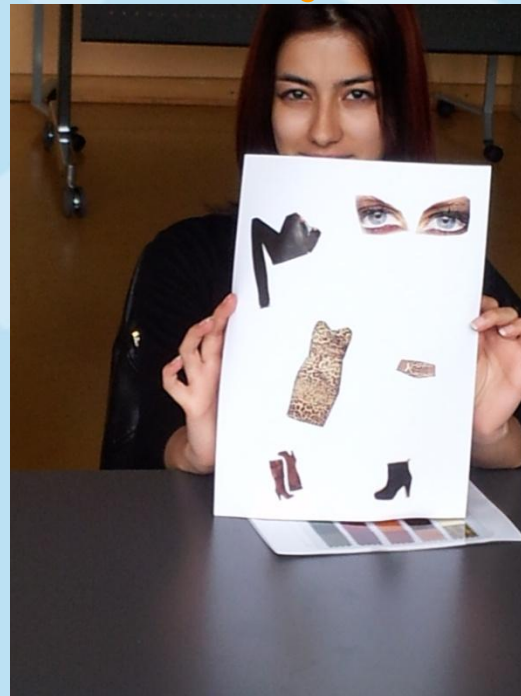


Methodology and description of the workshops

During the presentation of the collages our
Styling expert Elizabeth Demmer
Gave Feed back to every person
How to adapt the styling priorities in the different situation.

For example:

Can I wear this Outfit in a Job Searching Interview or better on a Party ?



Results obtained from the various workshops and activities in terms of learning / teaching pedagogy and IG experiments

The theme clothing and fashion is a really individual theme and it showed us, that it is important in all group of age.

All person, young and elderly wants to look well.

In our mixed age group only one senior lady already knew
What type of color she was.

For all the others, especially the students this knowledge was something completely new!

Every person, young and senior, was fascinated to find out what colors helped to look much better and fresher and to discover the difference.

They were thankful that we spent so much time individually for each person

Results obtained from the various workshops and activities in terms of learning / teaching pedagogy and IG experiments

Our exchange day was also very interesting.

We talked about the experiences during the color consulting.

We talked about clothing today but also about clothing in the past, when The seniors were young.

Both age groups got new information's from the other generation and learned something new.

Never the less each person was respected with the individual favorites and style.

At the end of the workshop each person got a colorpass in their type of color.



Assessment of the degree of adaptability of the activities to different institutional and organisational contexts

Both workshops are adaptable in other institutions if an styling expert is there.

For this workshop we had to invest money from the project budget to pay The expert.

The color consulting was a big success in both generations.