

Lifestyles Revisited : Educational Experiments in IG Environments - Grundtvig partnership

An analysis of questionnaires

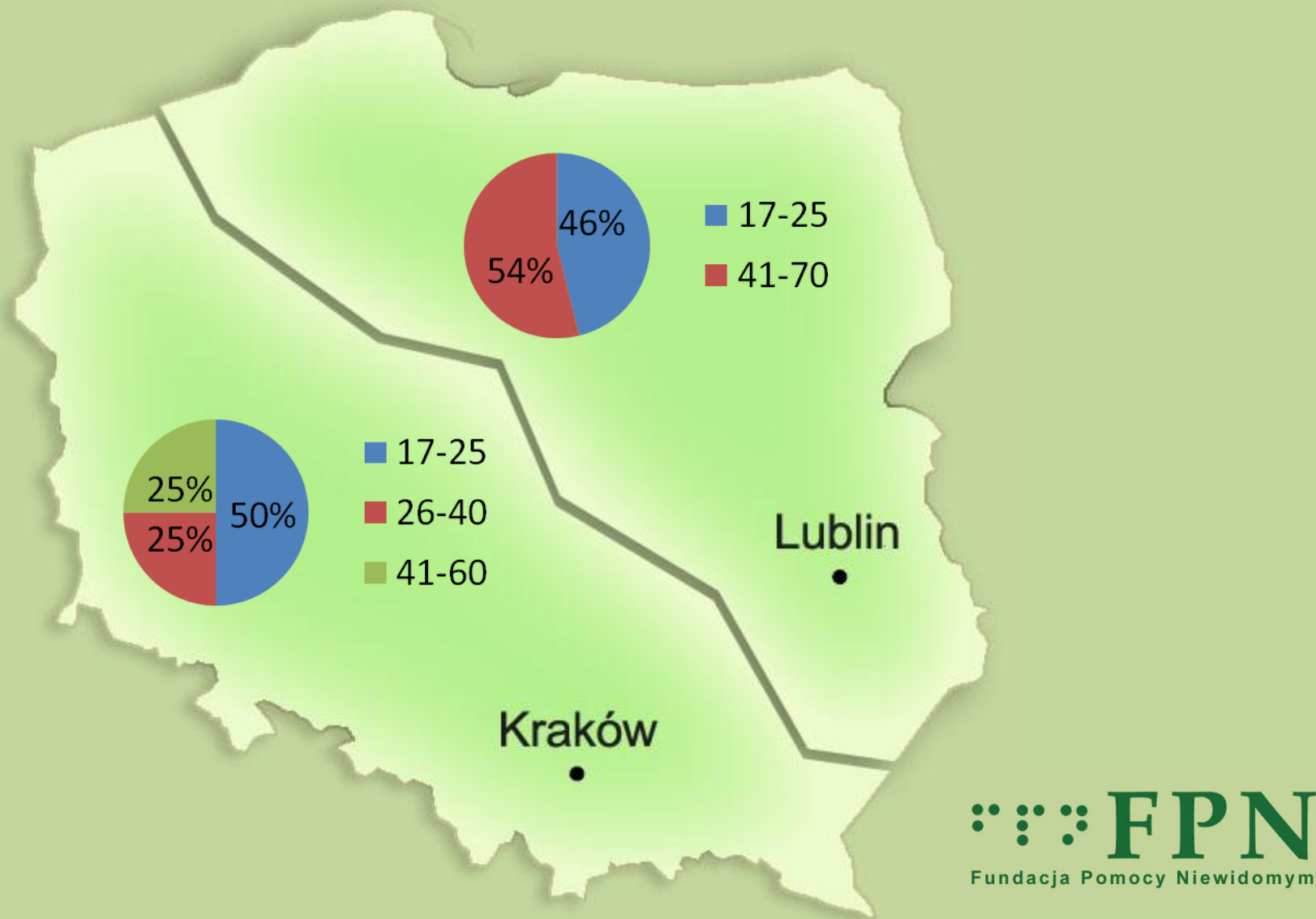


Education and Culture DG
Lifelong Learning Programme
Grundtvig

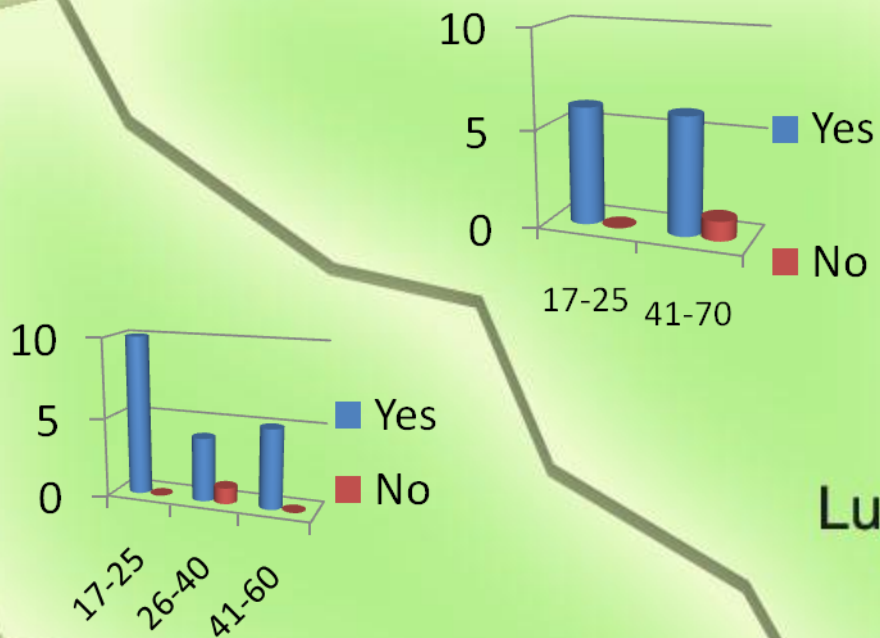


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The questionnaires were completed by (age):



Breakfast – do you eat?

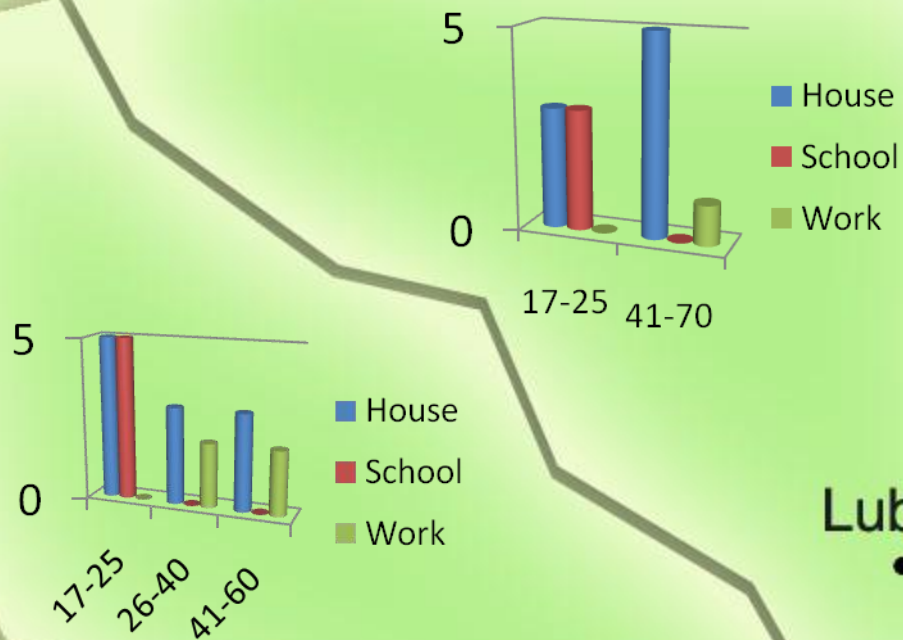


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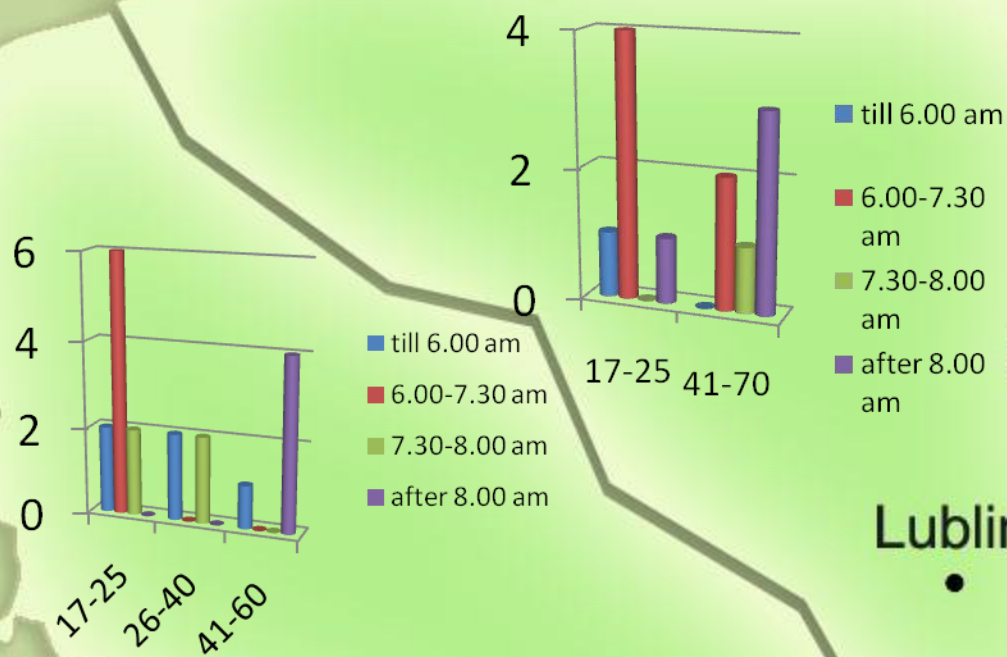
Breakfast – where do you eat?



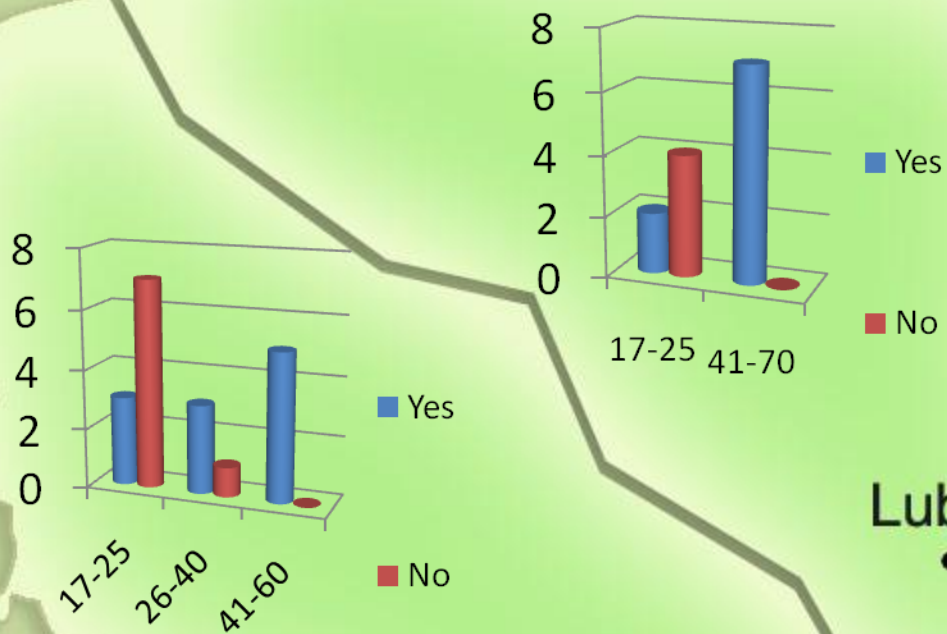
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Breakfast – at what time do you eat?



Breakfast – do you prepare yourself?

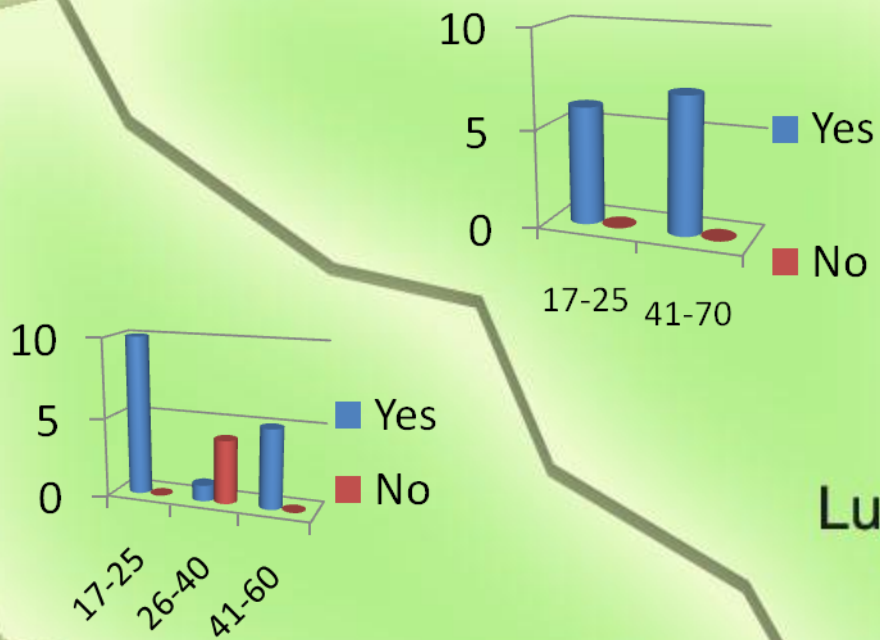


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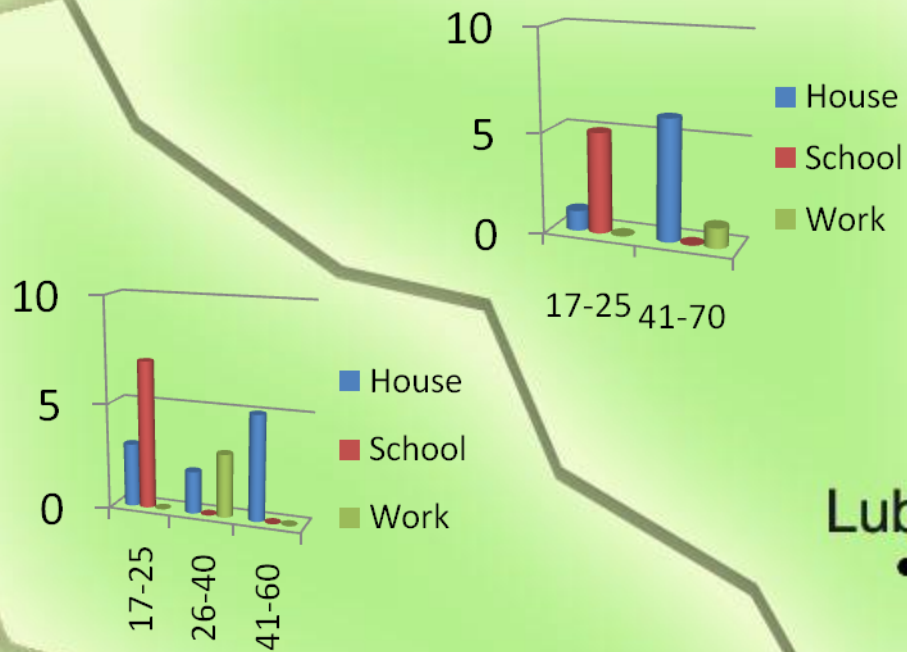
Lunch – do you eat?



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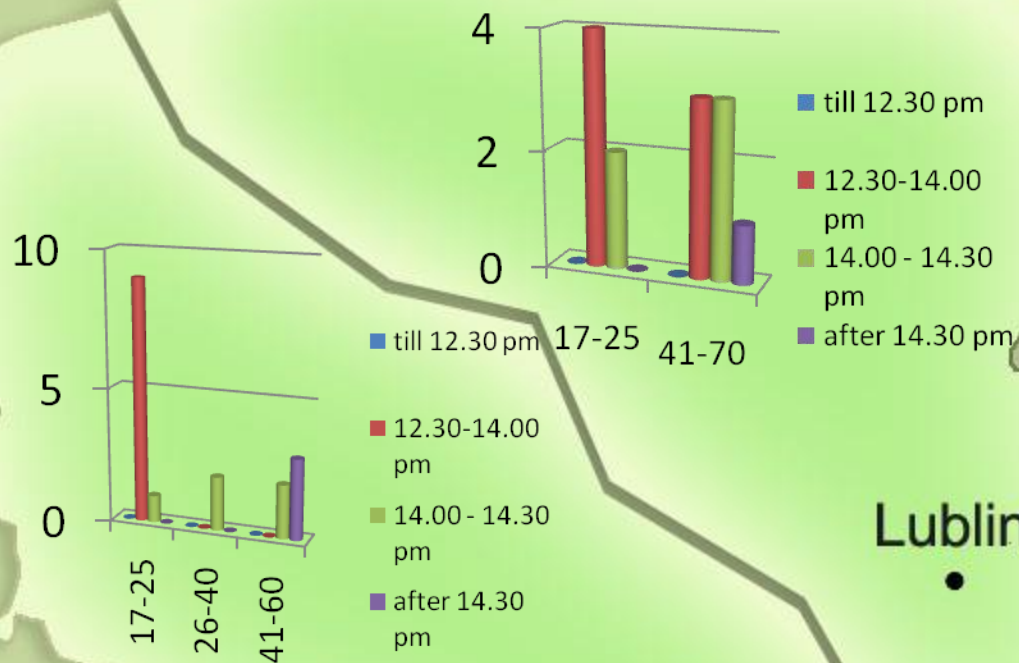
Lunch – where do you eat?



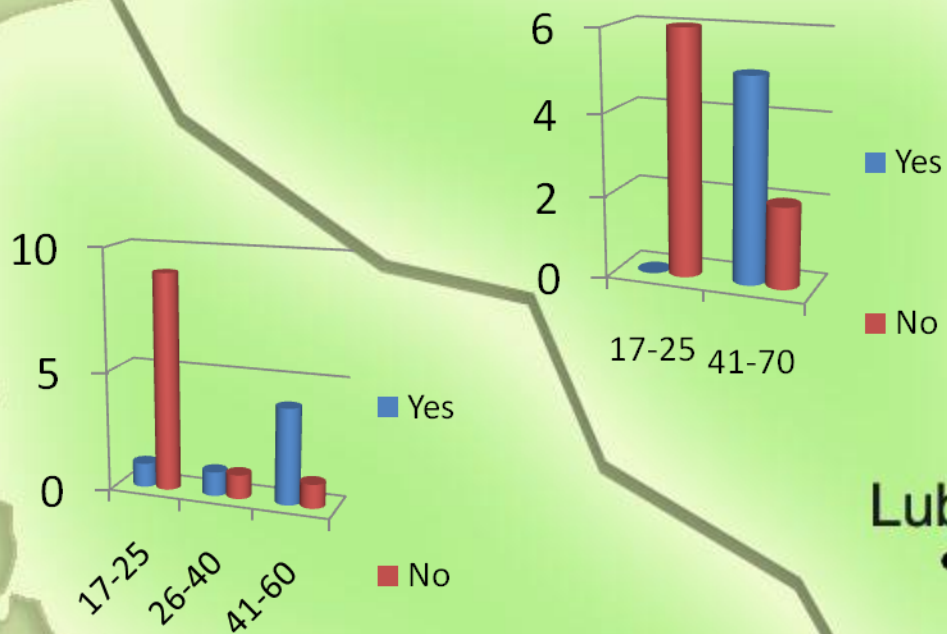
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Lunch – at what time do you eat?



Lunch – do you prepare yourself?

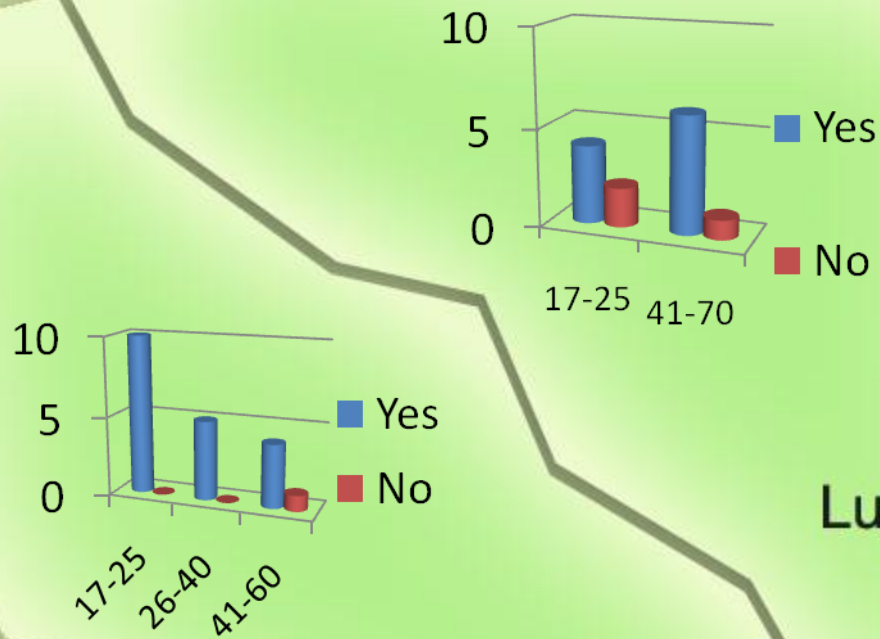


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Dinner – do you eat dinner?

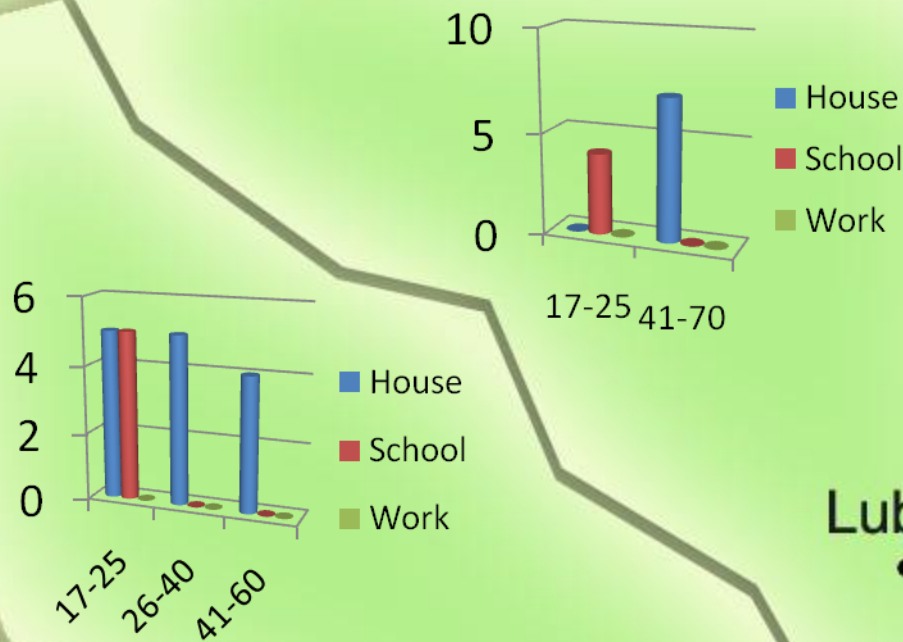


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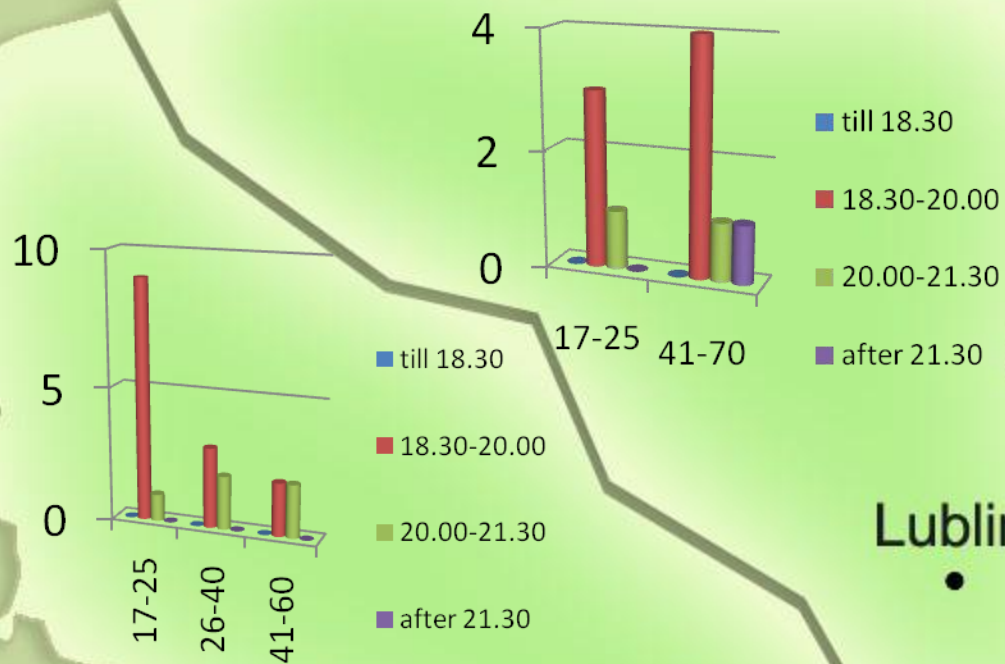
Dinner – where do you eat dinner?



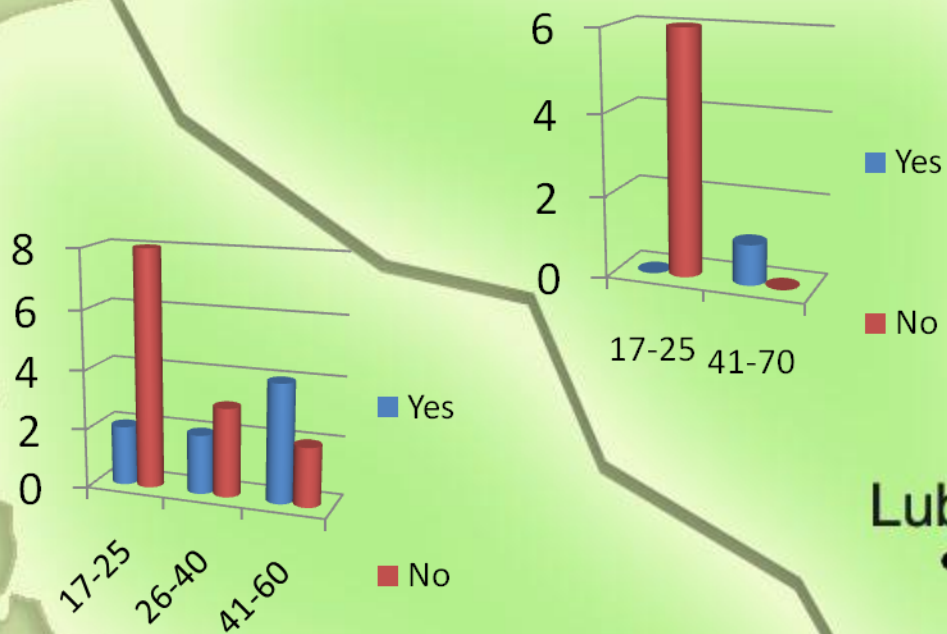
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Dinner – at what time do you eat?



Dinner – do you prepare yourself?

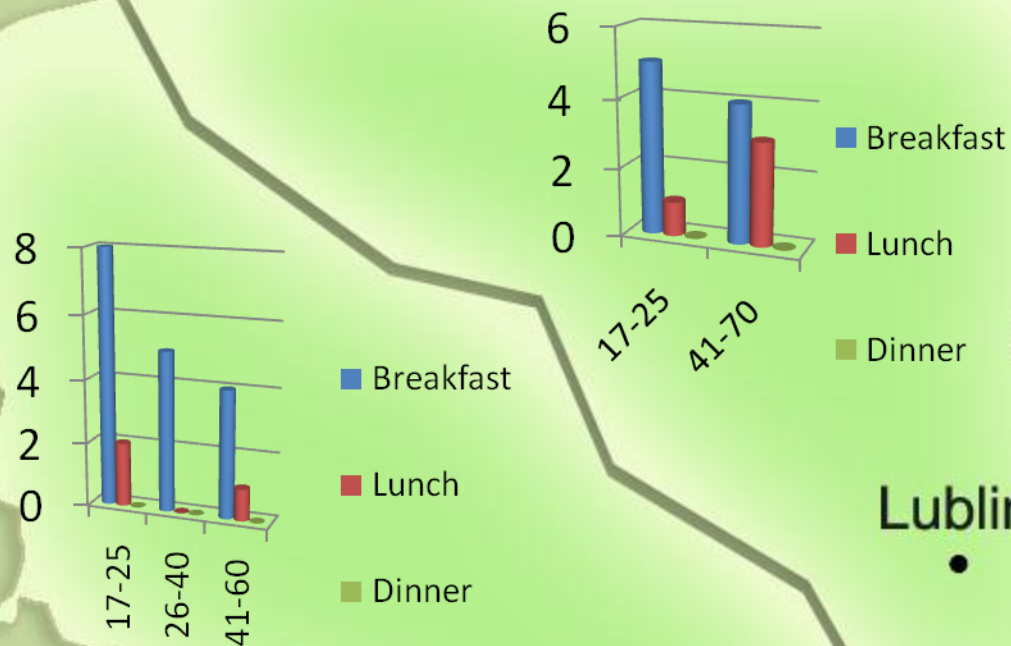


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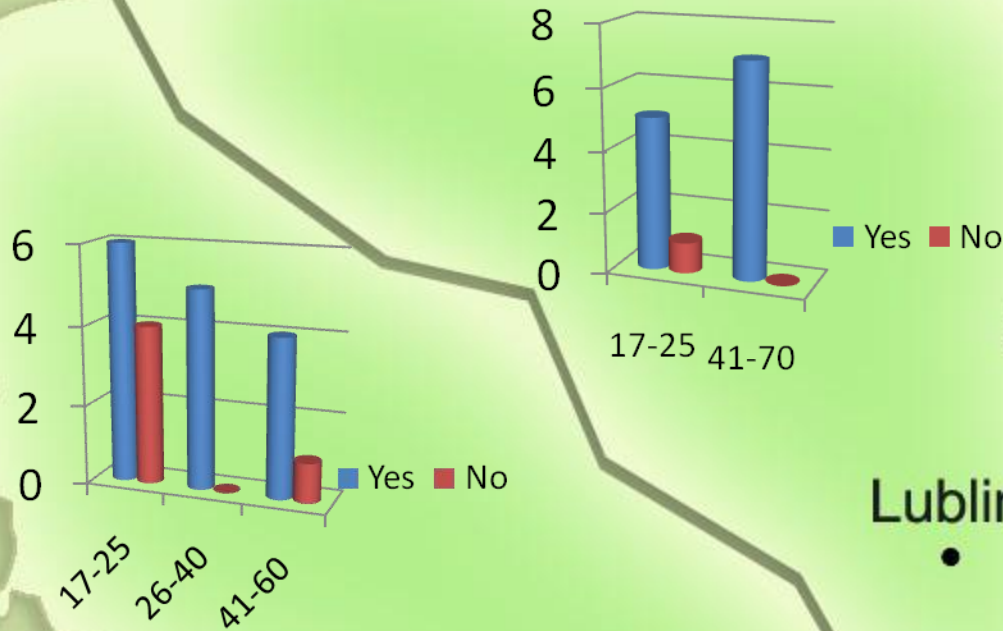
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Which meal do you perceive as the most important?



Have you ever participated in the preparation of traditional meals together with your family?

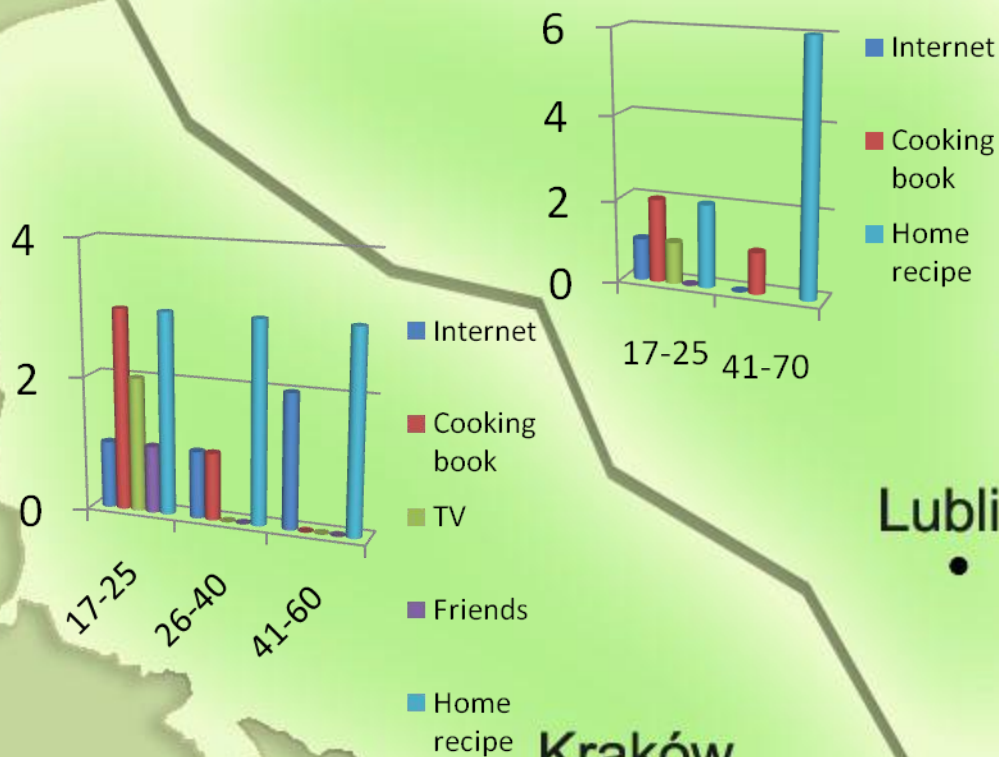


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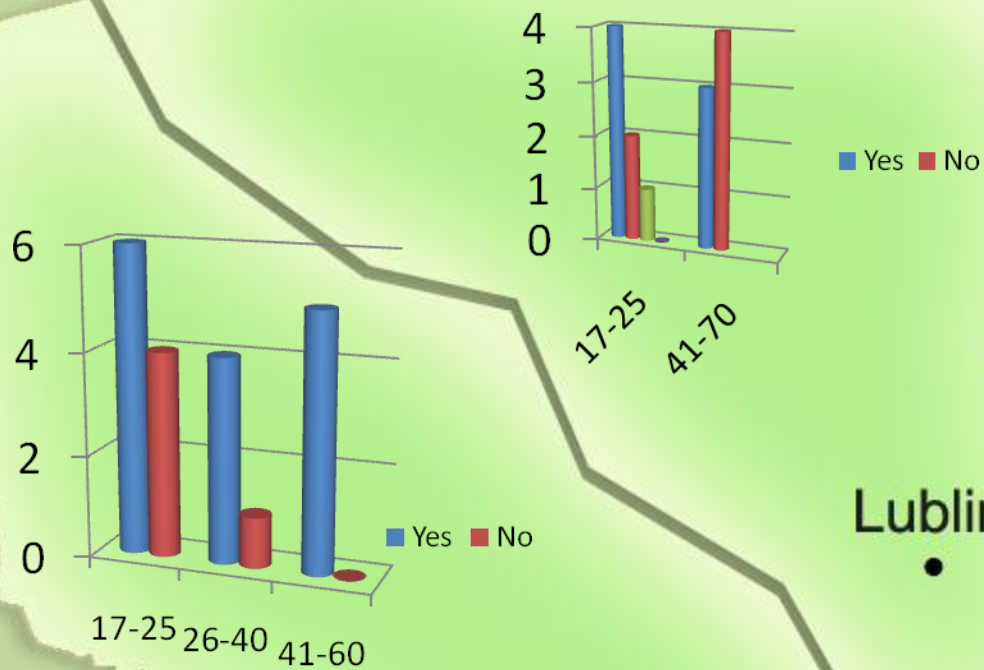
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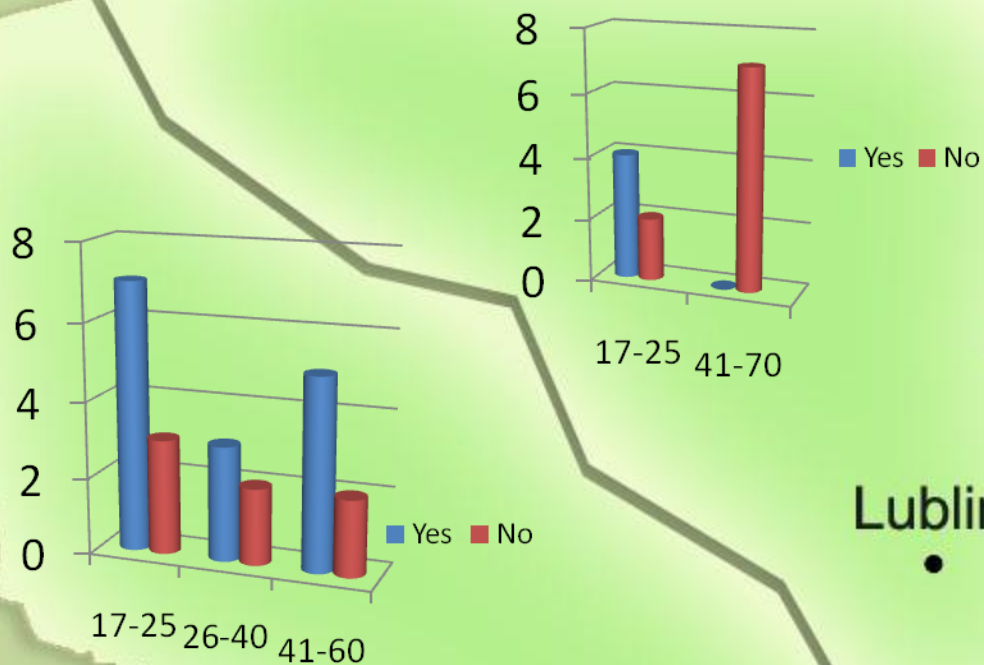
If yes, where have you taken the recipe from?



Does your family have any recipes with a culinary tradition?



Does derive from tradition typical Sunday Dinner?

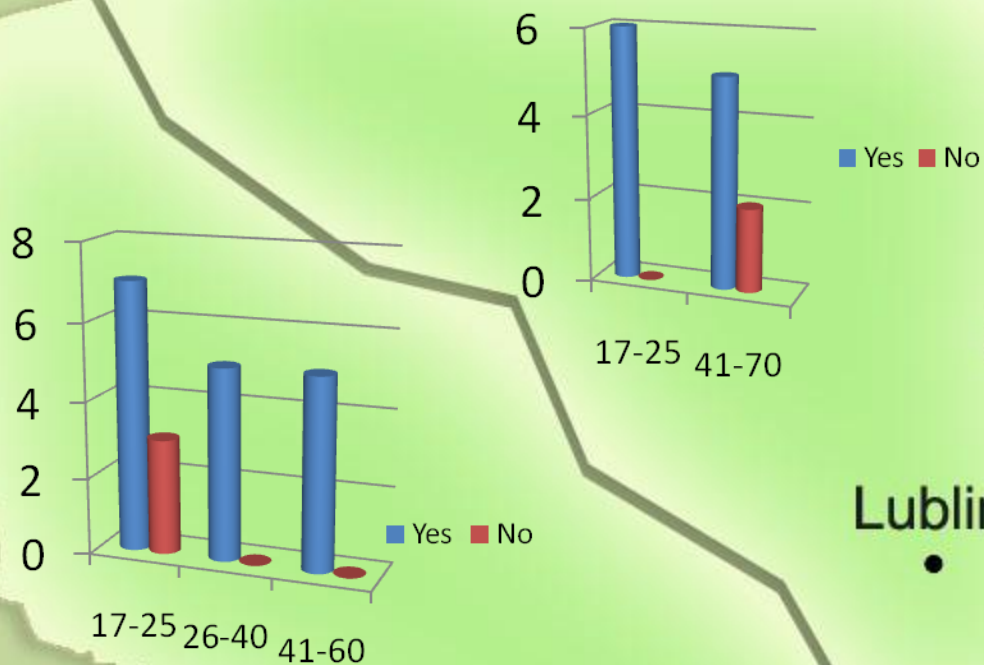


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Does derive from tradition typical Christmas Dinner?

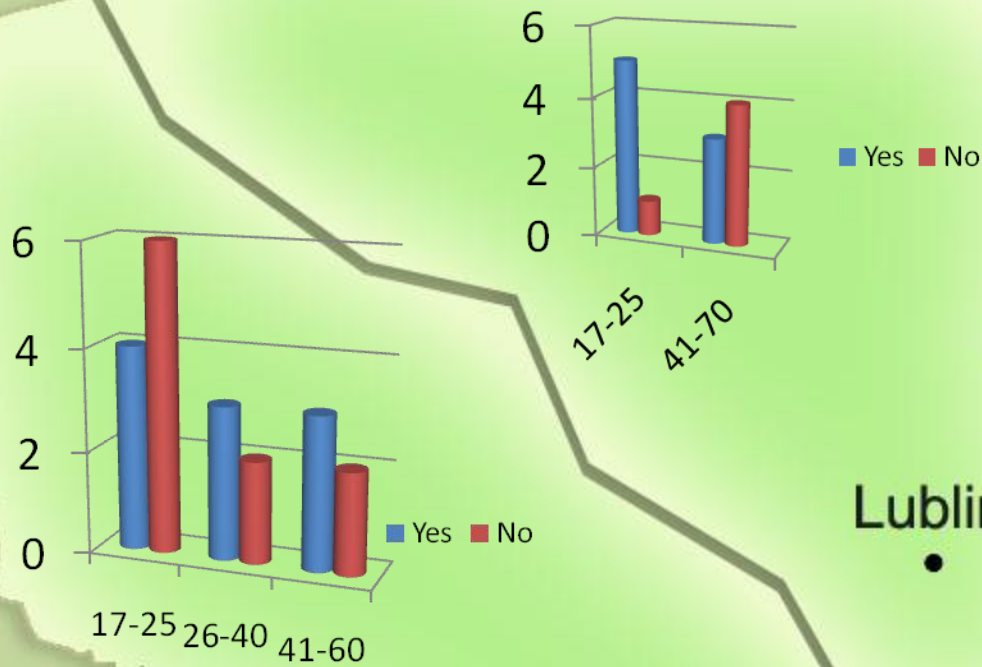


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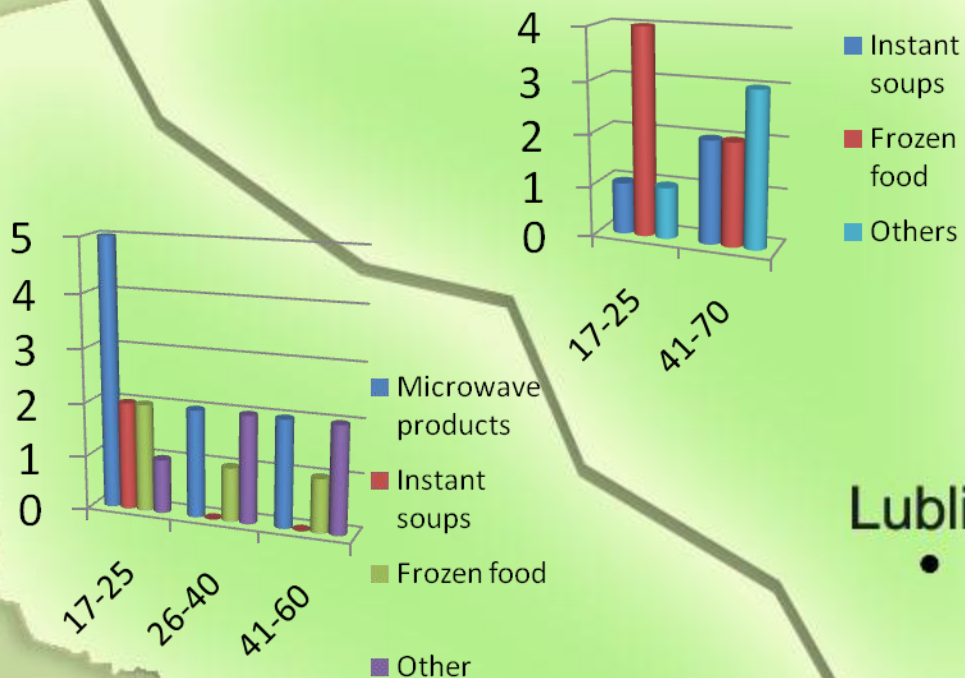
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Does derive from tradition typical Friday Dinner?



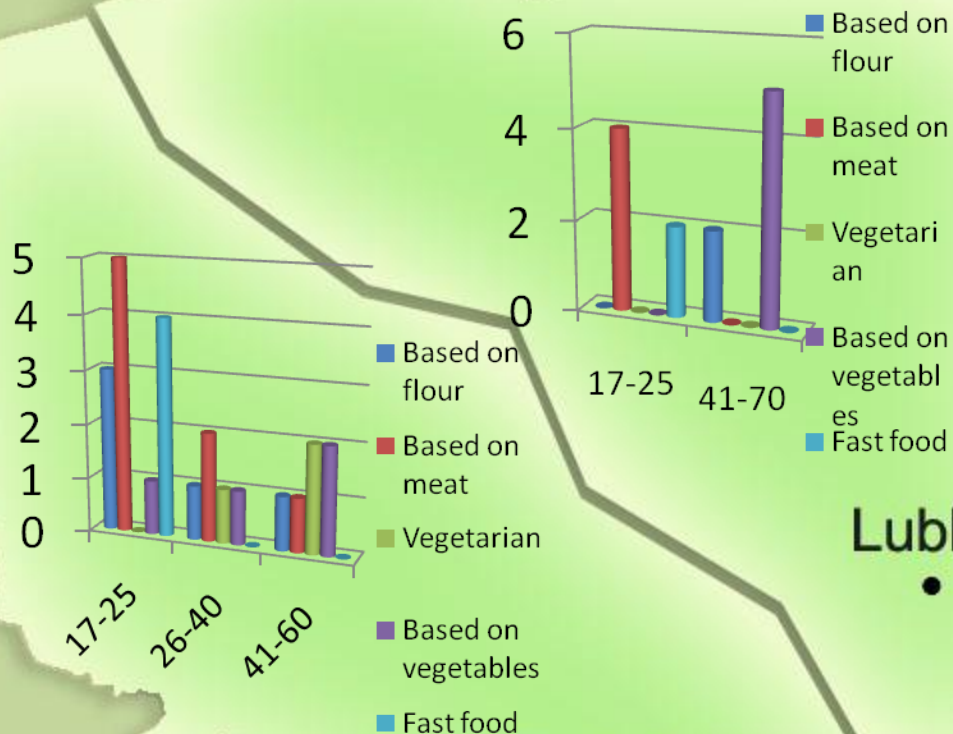
Please state briefly the components of your typical meals prepared at home:



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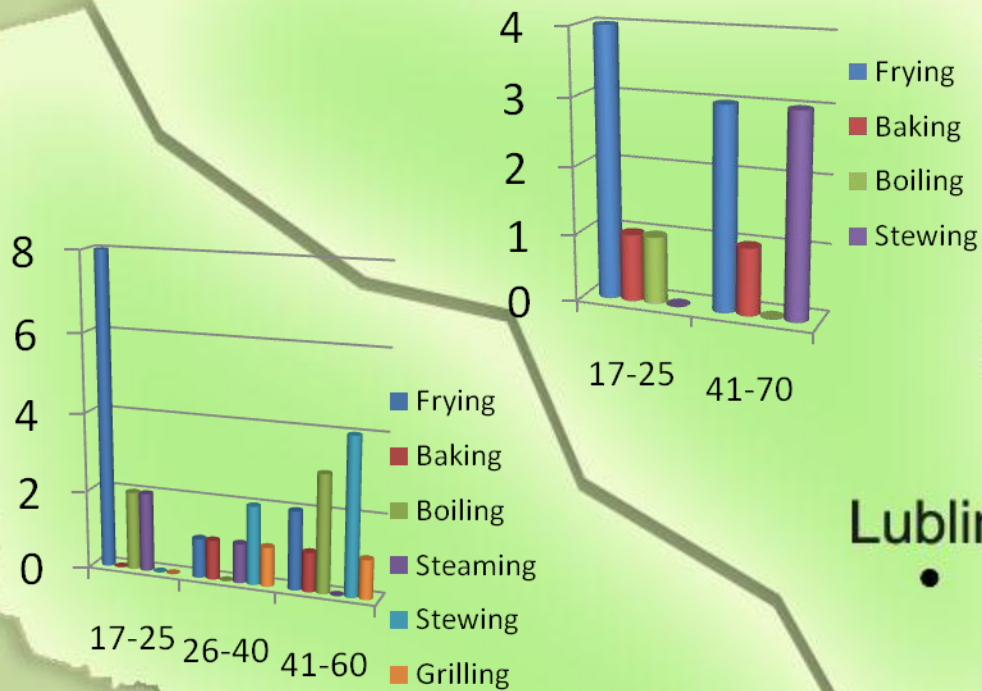
Which meals do you prefer ?



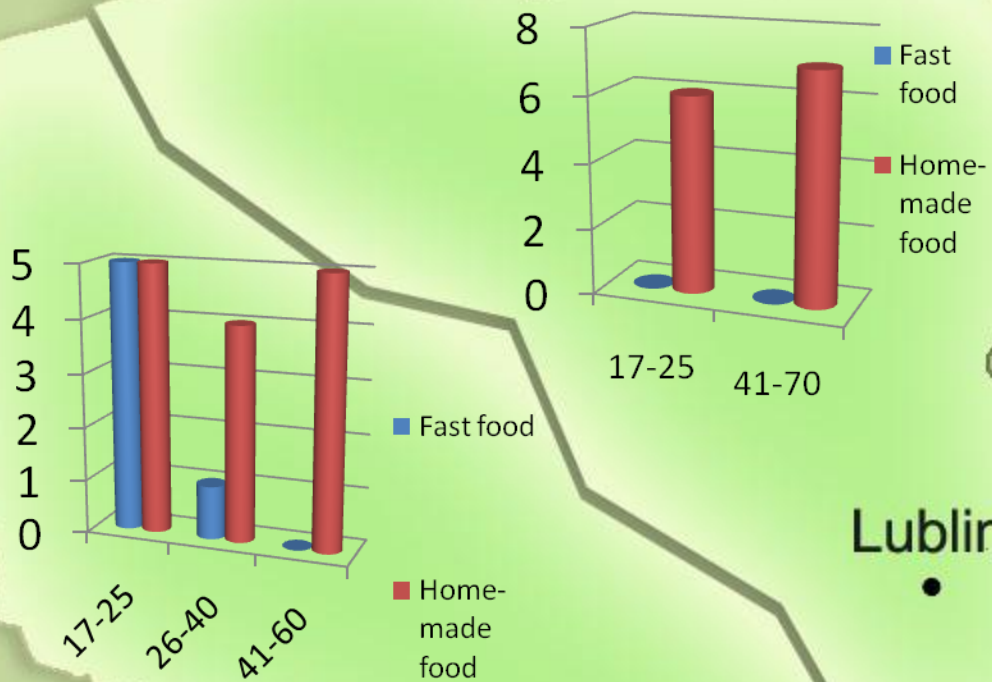
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Which preparation method do you usually use?



Which meal do you prefer?



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Please give one example of a meal associated with the cuisine of the following countries:



The typical family local menu preferred by ALL generations

	Typical Polish meals – result of answers given by respondents in Krakow and Lublin in ages: 17-25, 26-40, 41-60	Family of Magda and Robert
Breakfast	Scrabbled eggs , toasts, yogurt	x
Lunch	Soup, chicken, traditional breaded pork cutlet, salads	Yogurt, sandwiches, salads
Dinner	Toasts, sandwiches, salads	Meat, spaghetti, salads
Sunday dinner	Chicken soup , meatloaf, roasted chicken, salads, potato	Soup, meat, potato, salad, cake
Christmas dinner	Borsch with dumplings, dumplings with cabbage, carp , herrings, cake	Borsch with dumplings, dumplings with cabbage, carp , herrings ,cake
Friday dinner	Soup, fish, salads, vegetables, fruits	Meat, fish, salads, rice