### Portugal Problem

Teambuilding for Adults during evening classes with different age groups



### Why not Trying.... *Group Story*:

- 1. This could formally be called the "needs assessment." It is basically all the key details about the group that you can garner. Group story includes:
- a. Their current reality/dynamics
- b. Why they are looking for teambuilding
- c. This group's specific history with teambuilding (What have they done in the past? What has their experience been like?)



#### Why not Trying.... Space-Time Context

- The types of activities that you can lead are often determined by critical issues of space and time:
- a. Space: What space do you have? Are you indoors or outdoors? What impact could r have on your activities?
- b. Time: How much time do you truly have? How much time do you have to set up?



### Why not Trying....to set *Goals*:

- It is critical to the success of any teambuilding program to understand precisely what the desired outcomes are of the group. From our perspective, goals include two distinct components:
- a. Desired Outcomes: What do you hope happens as a result of this teambuilding event? Are there specific insights, knowledge or behaviors that you want to see revealed/developed in the teambuilding?
- b. The "Homerun": At the end of the event, when participants are leaving, what do you hope they are saying, feeling, thinking, and doing?



# NECESSARY CONDITIONS: MATERIAL / PLACE / TIME

- The Class and also a computer technology. Wi fi even outside class.
- special material for the teambuilding lessons.



#### POSSIBLE OBSTACLES

 Lack of cooperation between the students with different ages.

 Lack of preparation from the part of Teachers



Creating enthusiasm and initiative to make things happen

Supportive, informal group atmosphere.
Use of humour

Listening to others & giving constructive feedback if needed

Being comfortable with disagreement & seeing it as useful Having clear, logical objectives

**TEAMWORK** 

Having people who can coordinate and accept responsibility

Bruce Woodcock, bw@kent.ac.uk University of Kent Careers Service Making sure everyone clearly understands their roles & tasks

Delegating tasks to people with the right skills

Using people with different skills: e.g. creative, organiser

Taking a positive attitude to & learning from setbacks

# Thank You