

Case Study No.5

LUXEMBOURG



Mūžizglītības
programma



Dobeles Mācību Centrs
Dobele Training Centre

Why not try ? / It would be a good idea ... (I)

- First step could be inviting the volunteers who have undertaken to monitor the work of a local senior club. They should be educated and told about the laws, ideas, and given some advice.
- The Club Senior Nordstad could organize thematic meetings about the issues that elderly people are interested in, e.g. health issues, life stories of "strong people", meetings with celebrities and others.



Why not try ? / It would be a good idea ... (II)

- In order to make the local associations to meet and get to know each other we suggest organizing *SPORT AND LEISURE GAMES*, where seniors would get involved both physically and emotionally.
- The Campaign *GIVE TO OTHERS AND YOU WILL BENEFIT* could be organized – a kind of charity when people donate and collect things they don't need but there are people in need who would gladly accept the aid.



Possible Obstacles

- Volunteers are not professional and don't want to improve their knowledge and learn. They are not eager to leave their community.
- Lack of initiative could be one of the most serious obstacles, the seniors might be unwilling to leave their homes and open up to their peers. They should be encouraged and supported both emotionally and physically.



ILLUSTRATION



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GAME - *How well you know your country?*

1. GUESS - What's the name of the city?

_ O _ _ _ _

_ O _ E _ _

_ O _ E L _

D O _ E L _

D O B E L E

2. FIND this city on the map?



1. GUESS - What's the name of the city?

_ _ G _

_ ĩ G _

_ ĩ G A

R ĩ G A

2. FIND this city on the map?



The biggest cities of Latvia



THANK YOU for the attention!

LIESMA, VENTA, EVIJA