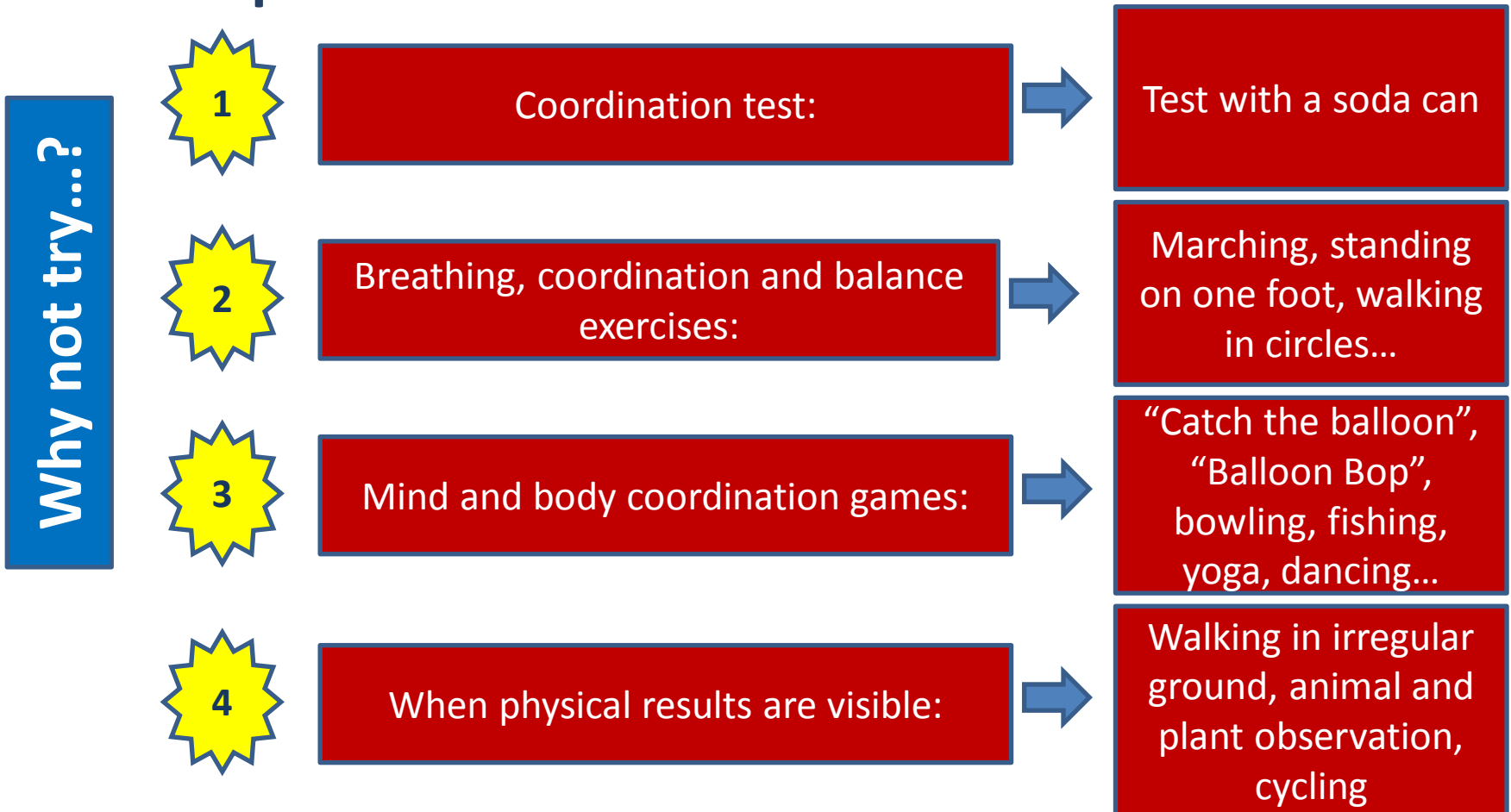


# THINK TANK – PAPER B - TURKEY

## Creating Captivating Teaching Strategies for Vulnerable Learners

# OBJECTIVES OF THE TRAINING COURSE:

- Promoting the use of sports and cognitive development of older adults in Manisa.



# NECESSARY CONDITIONS:

## Material

- Tape, soda can, bowling, fishing and “pétanque” games, yoga rug, hi-fi equipment, chairs, notebooks, pens, pencils.

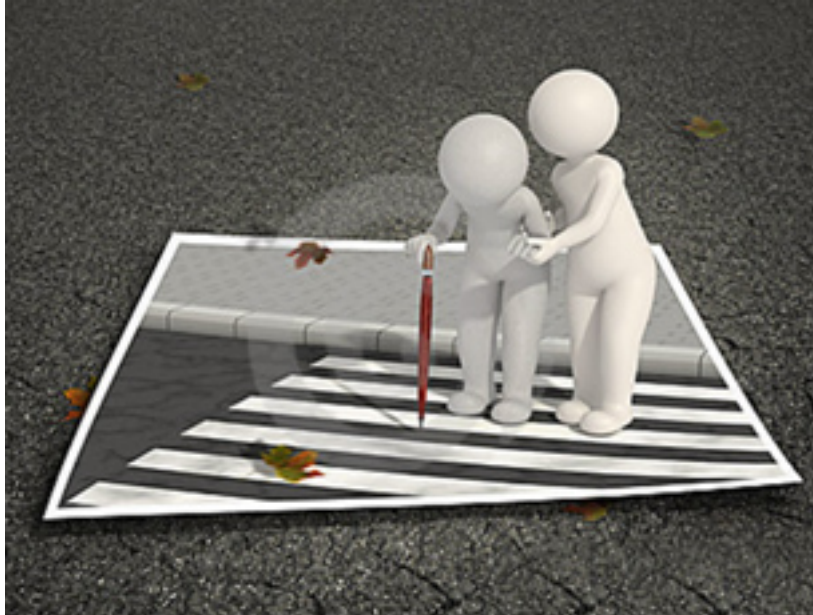
## Place

- Indoors or outdoors facilities: day care centres, municipality facilities, gardens, parks, woods.

## Time

- Whenever seniors start feeling muscle weakness, imbalance and a tendency for immobility.

# POSSIBLE OBSTACLES:



**Absence of  
trained and  
willing staff**

**Pain, muscle  
soreness, fear of  
falling, long periods  
before outcomes are  
noticed**

